



Tax-Deferred and Tax-Exempt Plan Contribution Limits for 2024 and 2025

Modest increases apply to 2025 retirement plan contributions, with the exception of Self-Employed 401k (a.k.a., Solo-401k, Individual 401k, Roth 401k) plans where the Secure 2.0 Act provides a special catch up for an age bracket considered adversely impacted by Covid restrictions. The act also provides different contribution maximum and catch-up limits for employees aged 50 and over who participate in certain applicable SIMPLE plans. Ask your financial advisor about those changes..*

Retirement Plan Contributions

Type of Retirement Plan	Maximum Annual Contributions			
	2024		2025	
	Under Age 50	50 and Older	Under Age 50	50 and Older
Individual Retirement Plans*				
Traditional, Non-Deductible and Roth IRA	\$7,000	\$8,000	\$7,000	\$8,000
Employer-Sponsored Retirement Plans				
401(k), Roth 401(k), 403(b), 457 and SARSEP Plans – Employee contribution	\$23,000	\$30,500	\$23,500	\$31,000
SEP (Simplified Employee Pension) IRA***	Employer contribution - 25% of compensation up to \$69,000		Employer contribution - 25% of compensation up to \$70,000	
Small Business or Self-Employed Retirement Plans				
Self-Employed 401k (a.k.a., Solo-401k, Individual 401k, Roth 401k)	Non-Elective business contributions up to 25% of compensation			
	Elective deferrals up to 100% of compensation with annual limit of \$23,000 plus catch-up contribution of \$7,500 if over 50		Elective deferrals up to 100% of compensation with annual limit of \$23,500 plus catch-up contribution of \$7,500 ages 50-59 or 64+; catch-up contribution of \$11,250 ages 60 to 63	
	up to a combined maximum of \$69,000 (\$76,500 over 50)		up to a combined maximum of \$70,000 (\$77,500 or \$81,250 depending on over 50 age bracket)	
SIMPLE (Savings Incentive Match Plan for Employees) IRA - Employee contribution**	\$16,000	\$19,500	\$16,500	\$20,000

* The 2025 income phase-out range for taxpayers making contributions to a Roth IRA is increased to between \$150,000 and \$165,000 for singles and heads of household, up from between \$146,000 and \$161,000 in 2024. For married couples filing jointly, the 2025 income phase-out range is increased to between \$236,000 and \$246,000, up from between \$230,000 and \$240,000 in 2024. The ability to make tax-deductible contributions to a traditional IRA while participating in a workplace retirement account is also subject to income limits that vary based on filing status and participating or non-participating spouse. Make certain you review and understand income limitations prior to making contributions.

** Under a change made in SECURE 2.0, different contribution maximum and catch-up limits apply for employees aged 50 and over who participate in certain applicable SIMPLE plans.

**For assistance managing your retirement accounts, contact Tango Capital Management:
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